

# Ler Livro Online 20 Regras De Ouro Para Educar Filhos E Alunos Augusto Cury



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Um dos mais respeitados psiquiatras brasileiros e autor de inúmeros best-sellers, Augusto Cury vem se dedicando ao estudo da educação há anos. Já publicou livros e artigos a respeito mas, desta vez, ele escreve um livro que servirá de guia para pais e professores. Como ele mesmo diz: "Não mudamos ninguém, mas podemos usar ferramentas de ouro para que eles mesmo se reciclem, reescrevam sua história e dirijam seu próprio script". Conheça abaixo algumas das 20 regras de

ouro de gestão da emoção que Cury explica neste livro:

- Compreender o eu maduro e o imaturo
- Colocar limites inteligentes
- Pacificar a mente dos filhos e alunos
- Não elevar o tom de voz
- Jamais criticar excessivamente
- Conhecer a nova geração

- Prevenir a intoxicação digital
- Ter alergia a ser entediante e chato
- Dialogar com inteligência
- Não piorar o outro

# Ler Livro Online 20 Regras De Ouro Para Educar Filhos E Alunos Augusto Cury

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