

Ler Livro Online A Biografia Humana Laura Gutman



Faça o download ou leia online A biografia humana Laura Gutman , Será que realmente somos quem pensamos ser? Polêmico livro da autora de *A maternidade e o encontro com a própria sombra*. Usando seus mais de 30 anos de experiência em psicopedagogia, Laura Gutman põe em prática uma metodologia terapêutica inovadora para que cada indivíduo possa refletir intimamente sobre suas condições emocionais, levando em conta o ponto de vista da criança que foi no passado. Em *A biografia humana*, a autora ajuda o leitor a reconstruir sua visão acerca da própria identidade, diminuindo a distância entre sua verdadeira personalidade e aquela interpretada pelos adultos responsáveis durante sua trajetória.

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