

# Ler Livro Online O Livro Da Vida Jiddu Krishnamurti



## **Faça o download ou leia online O livro da vida Jiddu Krishnamurti , Textos inéditos do grande pensador Krishnamurti**

Uma das obras mais originais de Krishnamurti, este livro contém trechos de conferências publicadas e inéditas, assim como de diálogos e ensaios que sintetizam a essência do pensamento do filósofo.

Krishnamurti acreditava que a experiência era mais importante do que a teoria e por isso a meditação seria tão fundamental. Também afirmava que o autoconhecimento era a chave para solucionar os problemas humanos e a urgente mudança social só seria possível a partir de uma transformação individual.

Divididas pelos meses do ano, pílulas diárias de reflexão permitirão uma leitura fragmentada para o entendimento prático desses e outros conceitos. Por meio das meditações, pode-se compreender o pensamento de Krishnamurti, suas visões sobre o mundo e como influenciou o pensamento filosófico.

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