

# Ler Livro Online O Poder Das Mulheres Fortes Marcus Buckingham



**Faça o download ou leia online O poder das mulheres fortes Marcus Buckingham** , O consultor e pesquisador Marcus Buckingham, conhecido pelo sucesso Descubra seus pontos fortes, já ajudou milhões de pessoas a identificar seus talentos e tirar o máximo proveito deles.

Agora, ele volta seu foco para as mulheres. Pesquisas realizadas ao longo dos últimos 40 anos revelam que, apesar de hoje terem mais oportunidades, reconhecimento profissional, influência e dinheiro, as mulheres estão mais insatisfeitas, ansiosas e estressadas.

Nesse livro, Buckingham mostra que existe um caminho para reverter esse quadro e conquistar uma vida satisfatória em todos os aspectos.

Por meio de estratégias práticas, exemplos e depoimentos, você aprenderá a lidar com o excesso de escolhas, definir prioridades e ter mais tempo de qualidade, além de cultivar

relacionamentos mais gratificantes.

Para ajudá-la a se conhecer melhor e fazer opções que reflitam seus verdadeiros desejos, o autor desenvolveu o Teste da Vida Forte, que analisa seu perfil e aponta qual papel você nasceu para desempenhar, tanto em casa quanto no trabalho.

Siga os conselhos do maior especialista em pontos fortes e saiba que é possível unir sucesso e felicidade.

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