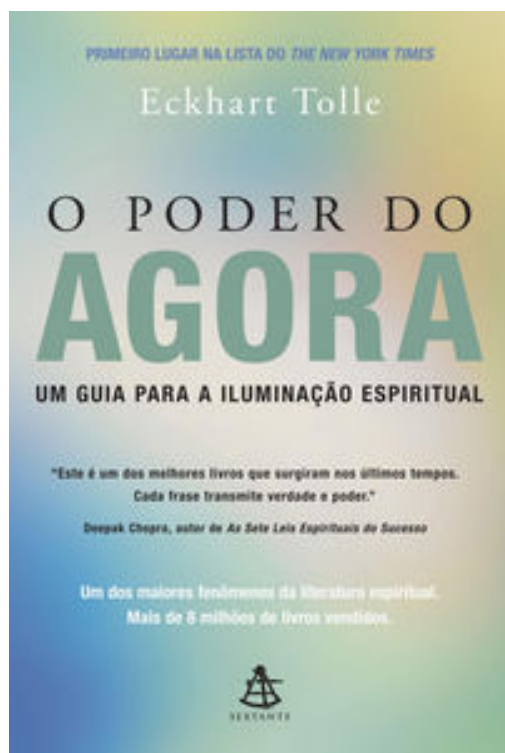


Ler Livro Online O Poder Do Agora Eckhart Tolle



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Mas, se queremos realmente mudar nossas vidas, precisamos começar neste momento. Essa é a mensagem simples, mas transformadora de Eckhart Tolle: viver no Agora é o melhor caminho para a felicidade e a iluminação.

Para compreender a jornada em direção a O Poder do Agora, a primeira coisa a fazer é deixar para trás nossa mente analítica e nosso falso ego. Desde o primeiro capítulo subiremos rapidamente para uma altitude mais elevada, onde se respira um ar mais leve, o ar espiritual. Embora seja uma travessia desafiadora, Eckhart Tolle nos guia com sua linguagem simples e facilita o entendimento de conceitos

complexos ao escrever no formato de perguntas e respostas.

Combinando conceitos do cristianismo, do budismo, do hinduísmo, do taoísmo e de outras tradições espirituais, Tolle elaborou um guia de grande eficiência para a descoberta do nosso potencial interior.

Esse livro é um manual prático que nos ensina a tomar consciência dos pensamentos e das emoções que nos impedem de vivenciar plenamente a alegria e a paz que estão dentro de nós mesmos.

"Este é um dos melhores livros que surgiram nos últimos tempos. Cada frase transmite verdade e poder." - Deepak Chopra, autor de *As Sete Leis Espirituais do Sucesso*

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