

Ler Livro Online Os 7 Segredos Para Criar Filhos Bons De Garfo Karen Le Billon



Faça o download ou leia online **Os 7 Segredos para criar filhos bons de garfo Karen Le Billon** , As refeições com as crianças podem se transformar em um verdadeiro campo de batalha: os pais tentam forçar mais uma mordida, os filhos resistem e protestam. Mas Karen Le Billon, autora de Crianças francesas comem de tudo, tem a solução para mudar esse cenário. A partir das mais atuais pesquisas na ciência do paladar e da observação das próprias filhas e de outras crianças com costumes e origens variadas, Karen desenvolveu um conjunto de técnicas e ferramentas que batizou de Educação do Paladar. Com estratégias variadas, 85 receitas e 20 jogos - tudo desenhado para cada faixa etária (de 9 a 12 meses, de 1 a 3 anos, de 3 a 5 anos e a partir de 6 anos) - 7 segredos para criar filhos bons de garfo é o roteiro perfeito para fazer seus filhos passarem do eca! para o nhac!

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