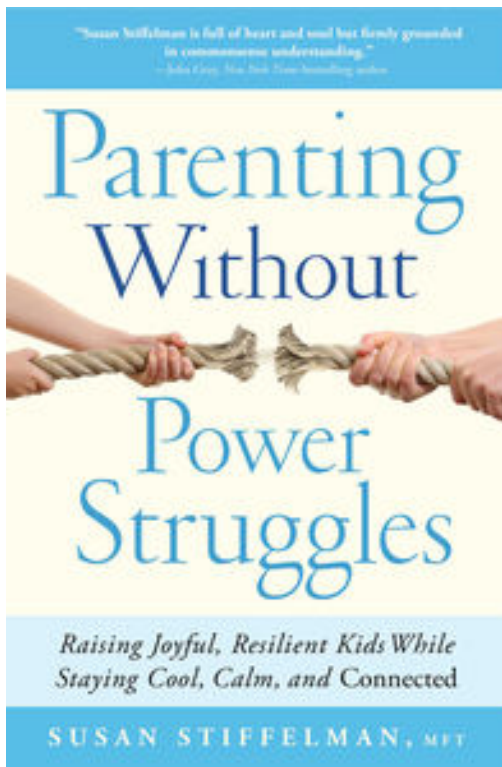


Ler Livro Online Parenting Without Power Struggles Susan Stiffelman



Faça o download ou leia online Parenting Without Power Struggles Susan Stiffelman , Do you ever find yourself asking . . .

- How can you get your children to do their homework without meltdowns, threats or bribes?
- How can you have a drama-free morning where the kids actually get out the door in time for school?
- How can you better manage your kids' screen time without making them want to hide what they're doing from you?

Family therapist Susan Stiffelman is here to help. While most parenting programs are designed to coerce kids to change, *Parenting Without Power Struggles* does something innovative, showing you how to come alongside your children to awaken their natural instincts to cooperate, rather than at them with threats or bribes, which inevitably fuels their resistance. By staying calm and being the confident “Captain

of the ship” your child needs, you will learn how to parent from a place of strong, durable connection, and you’ll be better able to help your kids navigate the challenging moments of growing up.

Drawing upon her successful practice and packed with real-life stories, *Parenting Without Power Struggles* is an extraordinary guidebook for transforming the day-to-day lives of busy parents—and the children they love.

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If you realise your parenting without power struggles so overwhelming, you are able to go ahead and take instructions or guides in the manual individually. Select a special feature you wish to give attention to, browse the manual thoroughly, bring your product and execute what the manual is hinting to complete. Understand what the feature does, using it, and don't go jumping to a different cool feature till you have fully explored the actual one. Working through your owner's manual by doing this assists you to learn everything concerning your digital product the best and most convenient way. By ignoring your digital product manual and not reading it, you limit yourself in taking advantage of your product's features. When you have lost your owner's manual, look at product instructions for downloadable manuals in PDF

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